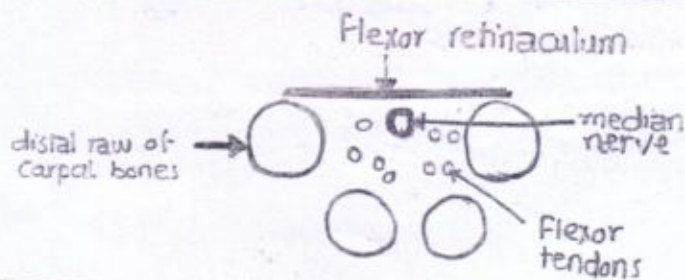


Diseases of [Muscles - Tendons - Fascia]

Thanks to A.H.: The Man OF The System ... The Sys

Carpal tunnel Syndrome



Etiology Idiopathic معظم الحالات

- Swelling of synovial sheaths of flexor tendons
- ↑↑ bulk of contents of carpal tunnel
- median nerve compression

ppt Factors

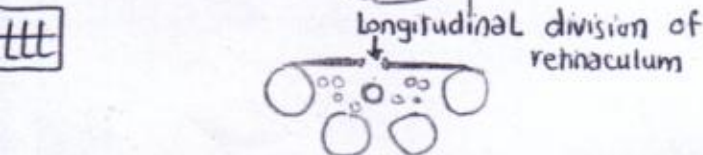
- Rheumatoid Arthritis
- Myxoedema
- Pregnancy

C/P early

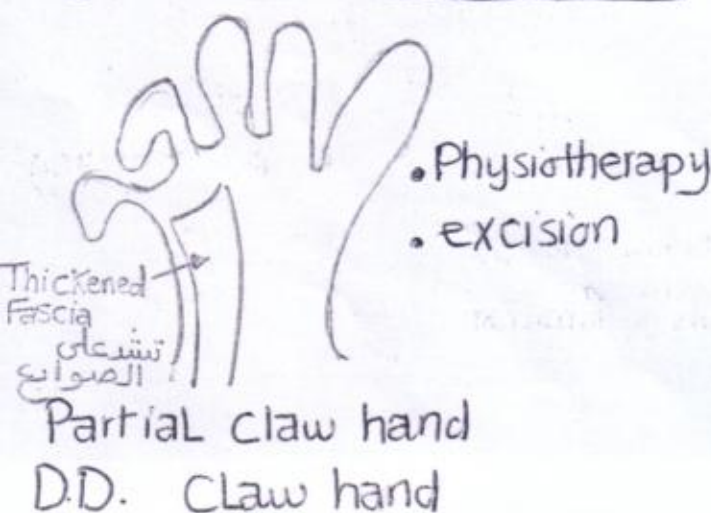
in thumb & lat. 3 fingers worse by night

Late

of thenar eminence muscles

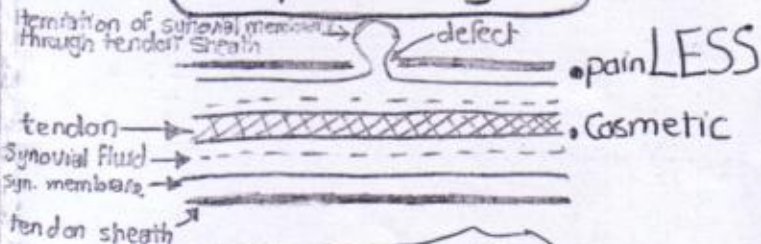


Dupuytren's Contracture

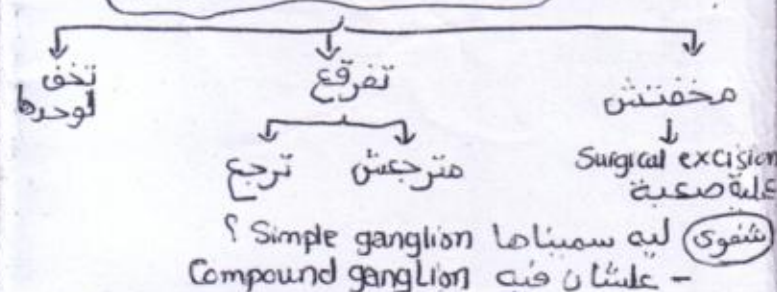


- Physiotherapy
- excision

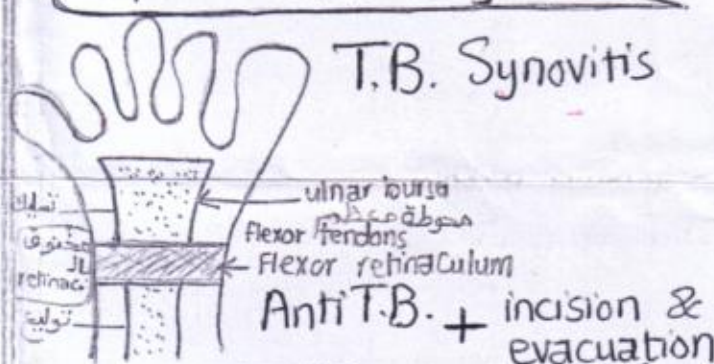
Simple Ganglion



dorsum of wrist - ankle



Compound Palmer Ganglion



شفوى ليه أنواع Flaccuation tests اللي تعرفهم يا بني؟؟

- 1- Cross Flaccuation → Compound Palmer Ganglion
- 2- Bipolar Flaccuation test only → Hydrocele
- 3- Flaccuation test البدي
- 4- Pager test

Chronic Bursitis

Bursa: Fluid filled cavity زقروقة
موجودة بين ال tendons وبين ال bone وال skin
علشان تقلل الاحتكاك وتسهل الحركة
احتكاكها ممكن يعملها Bursitis ← inflammation

Semimembranosus bursitis

Semimembranosus بين
semitendinosus

- Cystic swelling in popliteal fossa
- D.D. Baker's cyst
- mildly painful
- Flaccid → Flexion
- Tense → Extension



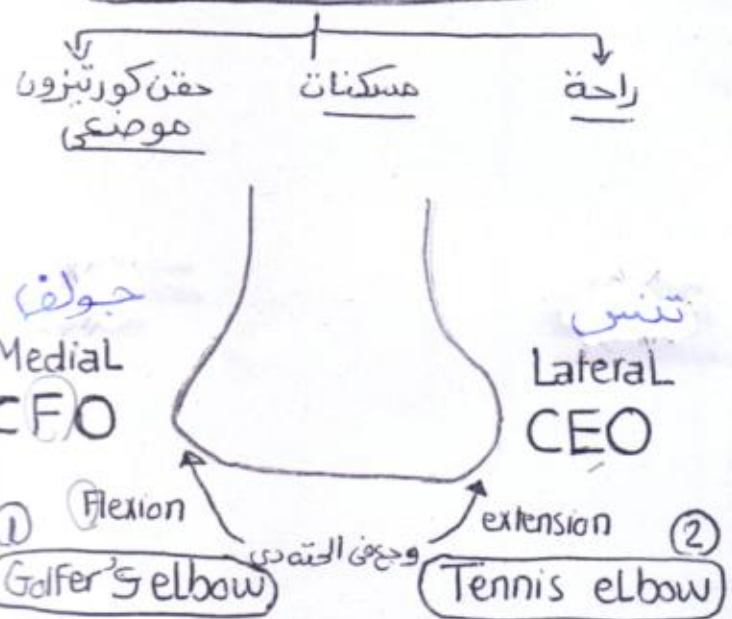
VISIT...

LANZAROTE
Caliente.COM

By / Mahmoud Kenawi — 2007/2008
 nothing2do4u1985@hotmail.com
 stem of the Man

وها هو السيستم قد عاد إليكم مرة أخرى

Chronic tendinitis



Soft Tissue Sarcomas

Definition: malignant tumor from extraskeletal C.T.

Etiology: Unknown

Pathological types:

- 1-liposarcoma
- 2-Angiosarcoma
- 3-Fibrosarcoma
- 4-Neurofibrosarcoma
- 5-Leromyosarcoma
- 6-Rhabdomyosarcoma
- 7-Synovial Sarcoma
- 8-Histocytoma

Gross Picture

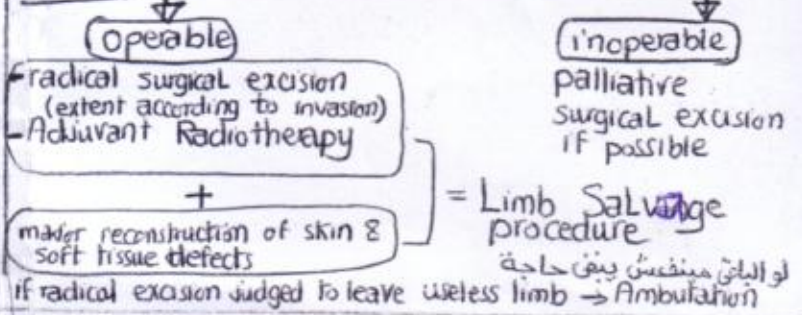
well defined
 Pseudo capsulated (enucleation is inadequate)
 Cut section:
 - Fleishy
 - Areas of Hge Necrosis

Spread:
 - direct
 - lymphatic
 - blood

C/P:
 - Swelling
 - pain/disability
 - Spread
 - early: absent
 - Late: present

Investigations:
 - Biopsy (open)
 - Spread
 - CT, MRI
 - excisional incisional ENAC
 - metastatic work up

ttt



3 Supraspinatus tendinitis

- Shoulder pain → abduction → Rotation
- Localized tenderness over insertion of supraspinatus tendon
- Abduction against resistance يعمل وحليته يعمل لمدة ٥ دقائق وبذلكه قوله سيسبب نفسه وسيبب ايده هتعمل Abduction لوحدها

4 Planter Fasciitis

- pain in heel = مسمار في كعب رجلى
- * Causes of pain in heel:
 ① Gout ② Calcaneal spur ③ planter Fasciitis
 - * Investigations:
 - uric acid: exclude gout
 - plain X ray: exclude Calcaneal spur

Swellings of popliteal Fossa

	Cystic	Solid
Skin - S.C.	Abscess / Sebaceous cyst hemangioma / Lymphangioma	Lipoma
Artery	Aneurysm pop. artery A-V Fistula	—
Vein	Saccular Varicosity of Short saphenous - V-V.	—
Nerve	—	Neuro fibroma
Muscle & Periosteum	—	Fibrosarcoma
Bone	—	Acute / Chronic osteomyelitis Osteoclastoma / Osteosarcoma Secondary in Lower femur or upper end of tibia
Specific	Semi-membranous bursitis Becker's cyst	—

Ingrowing toenail ضمير غائر

